

Wednesday 29th July 2009

FOR IMMEDIATE RELEASE

COME DINE WITH US

The Courtyard Bar and Brasserie is the latest stunning addition to Armathwaite Hall Country House Hotel and Spa. Opening only recently, it is already proving very popular with hotel guests and the public alike. Offering contemporary and informal cuisine it is the perfect option for anyone looking to enjoy an informal drink or bite to eat.

Unveiled as one of the area's top new eateries, The Courtyard Bar and Brasserie is open from 10am to 10pm, seven days a week. This welcoming 45seat Brasserie, with its inviting décor and upstairs internet lounge, brings a much needed dining experience to the area.

"The laid-back atmosphere means people who have possibly enjoyed a few spa treatments can come here and continue their relaxing experience or for members of the public who are looking for a more contemporary venue." -Carolyn Graves, Hotel Proprietor

To book a table or for further information please contact Armathwaite Hall on 44 (0)17687 76551 or visit the website at www.armathwaite-hall.com www.luxuryspa.co.uk

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About Armathwaite Hall Country House and Spa

One of the original stately homes of England Armathwaite Hall Country House Hotel and Spa is as romantic as the surrounding countryside. This Luxury 4 star Lake District Country House is magnificently set in the secluded splendour of 400 acres of deer park and woodland, bordered by the beauty of Bassenthwaite Lake and framed by the dramatic Skiddaw Mountain and Lake District fells.

The Spa at Armathwaite Hall is open to locals as well as residents, with the choice of physical exercise or relaxation. The current facilities include: 16 metre infinity edge pool, thermal suite including hydrotherapy pool, steam room, sauna room, aroma room, heated bench and experience showers, outdoor hot tub, wallow pool, state of the art gymnasium, exercise studio, 'hush' tranquillity room, holistic salon, ten treatment rooms including a couples room and outdoor sensory garden.

The new Court Yard Bar and Brasserie which opened in July 2009, is open daily from 10am to 10pm, serving informal food from cappuccino to contemporary dining. The outstanding design and modern décor creates an inviting and relaxed atmosphere.

Contact details for Armathwaite Hall Country House and Spa

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Available Monday- Friday 9-5.30

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