

Thursday 17th September 2009

FOR IMMEDIATE RELEASE

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Armathwaite Hall Country House Hotel and Spa on Bassenthwaite Lake is hosting a charity afternoon tea fundraiser in aid of Eden Valley Hospice on Sunday 27th September.

Armathwaite Hall's speciality afternoon tea will be served in the newly opened Broadwater Suite, capable of seating up to 150 people followed by Annabelle's of Cockermouth showcasing the season's latest fashions. Money raised throughout the day will be presented to Eden Valley Hospice who have been caring for people from Cumbria and South Scotland since 1991.

For further information please contact Armathwaite Hall on 44 (0)17687 76551 or visit the website at www.armathwaite-hall.com www.luxuryspa.co.uk

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About Eden Valley Hospice

Eden Valley Hospice is a charity that cares for patients, both adult and children, from the Cumbria and South West Scotland area with life-limiting illnesses. They strive to provide the highest standards of nursing and medical care, to sustain quality of life and dignity and to provide patients with relief from pain.

They not only care for patients but extend the same loving support, help and counselling to their families, friends and carers as such illness affects whole families.

The Hospice operates as a 12 bedded adult in-patient unit, a 5 bedded Children's Hospice as well as providing day hospice care for adults and children / young people. The Hospice helps its patients enjoy a better quality of life, often enabling them to do things which they thought had gone forever.

Since opening in 1991, over 5,000 people have directly benefited from the care and support we are able to provide. The annual cost of providing such a service is now some £2.7Million,

about 25% of which is provided by the local NHS leaving the challenge of finding £1.95m a year to sustain the hospice.

About Armathwaite Hall Country House and Spa

One of the original stately homes of England Armathwaite Hall Country House Hotel and Spa is as romantic as the surrounding countryside. This Luxury 4 star Lake District Country House is magnificently set in the secluded splendour of 400 acres of deer park and woodland, bordered by the beauty of Bassenthwaite Lake and framed by the dramatic Skiddaw Mountain and Lake District fells.

The Spa at Armathwaite Hall is open to locals as well as residents, with the choice of physical exercise or relaxation. The current facilities include: 16 metre infinity edge pool, thermal suite including hydrotherapy pool, steam room, sauna room, aroma room, heated bench and experience showers, outdoor hot tub, wallow pool, state of the art gymnasium, exercise studio, 'hush' tranquillity room, holistic salon, ten treatment rooms including a couples room and outdoor sensory garden.

The new Court Yard Bar and Brasserie which opened in July 2009, is open daily from 10am to 10pm, serving informal food from cappuccino to contemporary dining. The outstanding design and modern décor creates an inviting and relaxed atmosphere.

Contact details for Armathwaite Hall Country House and Spa

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Available Monday- Friday 9-5.30

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