

## **THE HIDDEN GEM OF THE LAKE DISTRICT FELLS**

The fantastic geographic positioning and lakeside location of Armathwaite Hall has given us a tremendous opportunity to create a destination spa. Spa Architects and Designers, Douglas Wallace together with local architect Anthony Collier have designed a magnificent development. The pool has floor to ceiling windows and views out to the garden and woodlands and the positioning of the hot tub and terrace allows the guests to feel nestled in the heart of the woods. The spa design takes its inspiration from the elements celebrating the purity of air, the rich timber of the woodlands, the lush lakeside pastures and the serenity of the lake.

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### About Armathwaite Hall Country House and Spa

One of the original stately homes of England Armathwaite Hall Country House Hotel and Spa is as romantic as the surrounding countryside. This Luxury 4 star Lake District Country House is magnificently set in the secluded splendour of 400 acres of deer park and woodland, bordered by the beauty of Bassenthwaite Lake and framed by the dramatic Skiddaw Mountain and Lake District fells.

The Spa at Armathwaite Hall is open to locals as well as residents, with the choice of physical exercise or relaxation. The current facilities include: 16 metre infinity edge pool, thermal suite including hydrotherapy pool, steam room, sauna room, aroma room, heated bench and experience showers, outdoor hot tub, wallow pool, state of the art gymnasium, exercise studio, 'hush' tranquillity room, holistic salon, ten treatment rooms including a couples room and outdoor sensory garden.

The new Court Yard Bar and Brasserie which opened in July 2009, is open daily from 10am to 10pm, serving informal food from cappuccino to contemporary dining. The outstanding design and modern décor creates an inviting and relaxed atmosphere.

Contact details for Armathwaite Hall Country House and Spa

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