

For immediate release:  
27th April 2010

## On Osprey Watch in May

At Armathwaite Hall on  
Lake Bassenthwaite, Lake  
District



Each spring one of the most captivating birds of prey, the Osprey, makes their 3,000 mile journey from Africa to nest and breed around Lake Bassenthwaite, a Natural Nature Reserve in the Lake District. Interestingly this year, the female was keener for her UK holiday than her mate, arriving a week earlier!

For the best view of the ospreys, book into the elegant Armathwaite Hall Hotel & Spa which is located on the banks of Lake Bassenthwaite on their Osprey Break and enjoy watching these incredible birds of prey magnificently swoop down to the Lake Bassenthwaite to fish for their supper.

See the birds close up through the telescope in the hotel's conservatory or take the Osprey Bus which operates around Bassenthwaite Lake stopping at the view points of Dodd Wood and Whinlatter Visitor Centre where you can learn more about these beautiful birds of prey.

The Osprey Break at Armathwaite Hall costs £150 per person per night, inclusive of gourmet table d'hote dinner, bed and full Cumbrian breakfast throughout May.

Armathwaite Hall is a luxury hotel set in a stately home, with 400 acres of deer park and woodland, as well as a large, contemporary new spa. Located near Keswick in the Lake District, the hotel



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overlooks the region's only real lake, Bassenthwaite. A popular but discreet location for people who are looking for time out from the hustle and bustle of day to day life, Armathwaite Hall has welcomed a number of VIP guests including actors, singers and even Gordon Brown and his family for their annual summer vacation.

For further information contact Armathwaite Hall, Bassenthwaite Lake, Keswick, Cumbria CA12 4RE on telephone 017687 76551 or visit [www.armathwaite-hall.com](http://www.armathwaite-hall.com).